### **CONFERENCE OBJECTIVES**

We have outlined objectives to highlight the goals of this conference. We hope they provide a helpful framework for engaging in today's workshops and talks.

- 1. Learn how to identify and address violence that impacts our patients
- 2. Gain skills that promote resiliency within our patients and communities
- 3. Define intimate partner violence, interpersonal violence, and structural violence and understand how they are interconnected
- 4. Describe how racism, violence, and oppression can affect health and health outcomes
- Describe at least one way we as students, future providers, and/or as a society can prevent violence and trauma through advocacy, education, outreach and partnerships

### **OUR SPONSORS**

#### The Chancellor's Endowment Fund

The Chancellor's Endowment Fund (CHEF) is dedicated to supporting educational and community service activities and events.

More information: http://clubs.ucsf.edu/chef-funding

#### UCSF Dean's Offices

We would like to thank the following UCSF offices for their commitment to creating a safe learning community for students and their support of the 16th Annual Interpersonal Violence Prevention Conference:

Graduate Division, Dean's Office

School of Dentistry, Dean's Office

School of Medicine, Dean's Office

School of Nursing, Dean's Office

School of Pharmacy, Dean's Office

School of Physical Therapy, Dean's Office

### UCSF Sexual Violence Prevention & Response, Campus Advocacy, Resources, and Education (CARE) for Sexual Assault and Gender-based Violence

The CARE Advocate provides free, confidential support to any UCSF affiliate including students, staff and faculty who have experienced interpersonal violence such as sexual assault, dating/intimate partner violence, sexual harassment or stalking. Services are available to people of all genders and the incident does not have to be recent nor does it have to have occurred on campus. For more information: https://careadvocate.ucsf.edu/

#### The UCSF National Center of Excellence in Women's Health

UCSF has long recognized the need for focus, compassion and innovation in women's health care. The National Center of Excellence was founded to correct historical imbalances in health care while acting as a catalyst for change in women's health.



### HONORING COMPLEXITY:

THE UNSEEN DIMENSIONS OF VIOLENCE AND HOW WE HEAL

Saturday, November 4th 8:00 AM - 5:30 PM Cole Hall, UCSF Parnassus Campus



San Francisco

S|P|V
Students for the
Prevention of
Violence

### **ACKNOWLEDGEMENTS**

#### Advisers

Leigh Kimberg, MD Elizabeth McLoughlin, ScD

#### Conference Coordinators

Rachel Levy Toke Odimayomi Noemi Plaza Camille Rogine Hannah Stone

#### Volunteers

School of Medicine Sarah Rosenberg-Wohl, Steffani Campbell, Susan Wang, April Liang, Amalia Gonzalez, Elizabeth McCarthy, Eric Smith

School of Physical Therapy
Shahad Alneklan

School of Dentistry
Atul Agrawal, Julia Goldstein

#### Special Thanks To

Noel Baronia, Evolve Benton, Denise Caramagno, Kathy Chew, Judy Flannery, Sally Huey-Lee, Kristen Newhouse, Barbara Smith

La Casa de las Madres, Futures Without Violence

### **NOTES**

# THANK YOU TO OUR SURVIVOR PANELISTS

We thank you for your courage and bravery in sharing difficult stories. Your experiences, reflections, and insights will impact and inform how we interact with and support the diverse communities we serve now and in the future.

### **UCSF RESOURCES**

#### Confidential CARE Advocate, Denise Caramagno

Campus Advocacy, Resources, and Education (CARE) for Sexual Assault and
Gender-based Violence
(415) 502-8802
Denise.Caramagno@ucsf.edu
https://careadvocate.ucsf.edu/

#### Student Health & Counseling

http://studenthealth.ucsf.edu (415) 476-1281

#### Medical Student Well-Being Program

http://meded.ucsf.edu/wellbeing (415) 476-0468

### Faculty and Staff Assistance

(415) 476-8279 fsap@ucsf.edu hr.ucsf.edu/hr.php?org=c&AT=cm&S=Faculty+and+Staff+Assistance

### MEDITATION AND RELAXATION SPACE

It can be very challenging to be fully immersed in discussions on trauma and violence. If you need to step away at any point throughout the day, you may go to our meditation and relaxation space in S-159.

### SCHEDULE OF EVENTS

8:00 – 8:20am	Registration and Breakfast	MS Lobby
8:20 - 9:40am	Welcome and Keynote Address	Cole Hall
9:50 – 11:20am	Panel	Cole Hall
11:30 – 12:20pm	Breakout Session I Sarah Metz Susan Meffert Danette Barnett Jahan Fahimi Emberly Cross Zea Malawa Jinu Kwak & Tu-Minh Trinh	S-163 S-168 S-170 S-172 S-174 S-176
12:20 - 1:00pm	Lunch	Nursing Lobby
1:10 – 2:40pm	Provider Training Pharmacy Physical Therapy Nursing Dentistry Medicine	HSW-301 HSW-302 HSW-300 S-178 Cole Hall
2:40 – 3:00pm	Coffee Break	MS Lobby
3:00 - 3:50pm	Breakout Session II  Andrea Diaz  Kaela Joseph  Hayes Bakken  Akiles Ceron &  Dimitra N. Stathopoulos Ivan M. Corado-Vega  Malcom Gaines	S-163 S-168 S-170 S-172 S-174 S-176
4:00 – 5:00pm	Survivor Panel	Cole Hall
5:00 - 5:30pm	Closing Remarks	Cole Hall

### WELCOME LETTER

November 4, 2017

Dear UCSF students, colleagues and friends,

For the 17th consecutive year, the students of UCSF present their annual Interpersonal Violence Prevention Conference today. The conference focuses on the complexity of violence, the unseen dimensions of it, and the ways that we can heal. Starting the day, we offer a keynote presentation that gives every participant insight into the violence that may be happening in their patients' lives. In addition, there are panel discussions and breakout groups that permit participants to delve more deeply into the violence that surrounds and affects us. A highlight of the conference is the culminating event, the UCSF Survivors Panel.

Given the statistics, chances are very good that people in attendance have felt these hurts at some time in their lives. It is also probable that many of our patients hope that we can help them gain increased safety and heal from violence that they have experienced. We need to be both healer and healed. Ultimately, we need to participate in the prevention of violence and its root causes.

The Department of Epidemiology and Biostatistics takes pride in supporting this work. We know that students from medicine, nursing, dentistry, pharmacy and physical therapy attend the conference, as well as colleagues and friends from other schools in the area and in the community. This multi-disciplinary conference reinforces the benefits that follow when we share information and resources about violence prevention among the different health professions involved in patient care. We are confident that all our patients will benefit from your presence today and in the years to come.

Have a good and fruitful conference.

Sincerely.

Kirsten Bibbins-Domingo, MD, PhD, MAS

Professor of Medicine

Chair, Department of Epidemiology & Biostatistics Vice Dean for Population Health and Health Equity

Unbbus. Danugo

# **BREAKOUT SESSION II**

### INTEGRATED FAMILY SERVICES: USING PROTECTIVE FACTORS AS ESSENTIAL ELEMENTS IN VIOLENCE **PREVENTION**

S-176

#### MALCOM GAINES, Psy.D

Breakout Description: Integrated Family Services is an outcome-focused, data-informed, strength-based model for promoting protective factors in high-risk families. Discussion will focus on protective factors as essential elements of violence prevention in families, and on ways to embed a focus on protective factors within a model of family support.

Bio: Malcolm Gaines, Psy.D. is a clinical psychologist and currently serves as the Senior Clinical Projects Director at Safe & Sound (formerly the San Francisco Child Abuse Prevention Center). He has been with the Center for fifteen years, and has also served as Clinical Director and Director of Intern Training there. Together with his colleagues, Dr. Gaines designed Integrated Family Services at the Center in response to the need for an outcome-focused, data-informed, strength-based model of promoting protective factors in high-risk families. He is a contributor to "The Case for Prevention: A Two-Generation Approach to Ending Child Abuse," in Two Generations. One Future: An Anthology from the Ascend Fellowship. His clinical interests include resilience, childhood trauma, adoption, parenting and attachment, and children of divorce. He received his doctorate in Clinical Psychology from the California School of Professional Psychology, and he maintains a psychotherapy practice in San Francisco, where he has worked with children and families since 2002.

# **BREAKOUT SESSION II**

### INTERGENERATIONAL APPROACHES TO TRAUMA INFORMED CARE

S-170



ELIZA "HAYES" BAKKEN, MD

**Breakout Description:** Learn about an approach to intergenerational trauma informed care and the evidence that suggests its importance. Think about different ways that trauma symptoms manifest in children of different ages. Participate in brainstorming about ways to help caregivers and children maintain a sense of calm during visits where difficult topics arise.

Bio: Eliza "Hayes" Bakken is a Pediatrician and the Associate Medical Director for Primary Care at the Children's Health Center which is located at Zuckerberg San Francisco General. She is a primary care provider and precepts residents in the Kempe Clinic which works to address the intergenerational transmission of trauma from caregivers to children. In her academic pursuits, she works on the ARISE project which seeks to improve the safety and empowerment of patients and parents of pediatric patients who are experiencing IPV in the SF Health Network Clinics. She is a mother of 2 young boys and a Bay Area transplant from Philadelphia.

### **EXPLORING THE WORK OF MANALIVE**

S-174



IVAN M. CORADO-VEGA

**Breakout Description:** Manalive is a program committed to helping men stop violence to themselves, their intimate partners, and their communities. Manalive's first program was at Marin Abused Women's Services in Marin County, CA in 1984. Today the work of Manalive continues in programs all over the country and internationally.

Bio: Ivan M. Corado-Vega is with Five Keys Schools and Programs and works in the Reentry Pod at SF County Jail 2. As an In-Custody Case Manager, he works to prepare men reentering the community by providing services in the "Five Keys" (Community, Family, Recovery, Employment, Education). He is trained as a Manalive™ Batterer Intervention Program facilitator, Thinking for a Change facilitator (T4C), Cognitive Behavior Intervention for Substance Abuse facilitator (CBISA), youth developer, case manager, and 12 step principal group leader. Ivan's work also includes community organizing with a focus on violence intervention in the Mission District.

### A NOTE FROM THE COORDINATORS

November 4, 2017

Dear Colleagues and Friends,

Thank you for taking time to be here today for the 17th Annual Interpersonal Violence Prevention Conference, Honoring Complexity: the unseen dimensions of violence and how we heal. Violence is a healthcare issue that affects every aspect of a person's physical, mental, and emotional health. In terms of scope and impact, violence is a public health crisis. Violence in our communities takes many forms, including intimate partner violence, sexual assault, child abuse, elder abuse, bullying, suicide, community violence, historical trauma, and structural violence. When taken as a whole, these various forms of violence impact our communities across genders, cultures, and socioeconomic classes. As health care providers, we must learn to recognize and address the emotional, physical, and social consequences of violence.

This year's theme is centered around honoring the complexities of violence while exploring how we as individuals and as a society heal from violence. In the months leading up to this conference, we brainstormed many themes and conference goals, attempting to distill violence into something simple and graspable. Yet we ultimately realized that violence is incredibly complex. Like the many ways in which violence can be perpetrated, there are many causes and manifestations of violence. This is why we gather here today, not to come away with a perfect understanding of violence but to engage with its complexities and more importantly, to stand with its survivors. Healing is already at the core of our professional practices, and when it comes to recovering from trauma, promoting and providing healing can come in many forms. As community members, we can become advocates, collaborate with existing community organizations, and be willing to engage in difficult conversations. As providers, we can create safe spaces for our patients, acknowledge their past trauma, and empower them to discover the resiliency they each hold.

Our mission for this conference is to build greater awareness of issues of violence among current and future healthcare providers, as well as members of the community. We aim to discover ways in which we can work together to put an end to violence faced by our communities. By calling on experts in our community who have worked tirelessly to support this effort, we hope this conference sheds light on the many complexities and nuances of violence - and leaves you walking away with a sense of how and where you can intervene as a healthcare provider. Ultimately, we aspire to bring forth in you a spirit of change, a desire to know more, and a commitment to apply what you know to your career.

Respectfully,

Imodinayoni Rachel Xuly

SIP |
Students for

Coordinators of the 2017 Interpersonal Violence Prevention Conference Students for the Prevention of Violence

# **KEYNOTE ADDRESS**

### JACQUELYN CAMPBELL, PHD, RN, FAAN



Jacquelyn Campbell is a national leader in research and advocacy in the field of domestic violence or intimate partner violence (IPV). She has authored or co-authored more than 230 publications and seven books on violence and health outcomes. Her studies paved the way for a growing body of interdisciplinary investigations by researchers in the disciplines of nursing, medicine, and public health. Her expertise is frequently sought by national and international policy makers in exploring IPV and its health effects on families and communities.

As a nurse educator and mentor, Dr. Campbell leads by example in inspiring new generations of nurse researchers. Her BSN, MSN, and PhD are from Duke University, Wright State University, and the University of Rochester. She teaches an undergraduate and MSN elective in Family Violence as well as in the PhD program and is the Pl of an NIH-funded (T32) fellowship that provides funding for pre- and postdoctoral fellows in violence research.

Elected to the Institute of Medicine in 2000, Dr. Campbell also was the Institute of Medicine/American Academy of Nursing/American Nurses' Foundation Senior Scholar in Residence and was founding co-chair of the IOM Forum on the Prevention of Global Violence. Other honors include the Pathfinder Distinguished Researcher by the Friends of the National Institute of Health National Institute for Nursing Research, Outstanding Alumna and Distinguished Contributions to Nursing Science Awards, Duke University School of Nursing, the American Society of Criminology Vollmer Award, and being named one of the inaugural 17 Gilman Scholars at Johns Hopkins University. She is on the Board of Directors for Futures Without Violence, is an active member of the Johns Hopkins Women's Health Research Group, and has served on the boards of the House of Ruth Battered Women's Shelter and four other shelters. She was a member of the congressionally appointed U.S. Department of Defense Task Force on Domestic Violence.

# **BREAKOUT SESSION II**

### ELDER AND DEPENDENT ADULT ABUSE

S-172

**Breakout Description:** Recognizing when an elder or dependent adult is in an abusive situation, where to begin to get them help, and who becomes involved in the helping process. Vulnerable adults who are victims of abuse (e.g. physical, sexual, verbal, etc.) often have complex medical needs, social needs, and financial needs, and environmental dynamics that require a multidisciplinary team approach. Additionally, different settings may require collaboration with different types of professionals.



#### AKILES CERON

**Bio**: Akiles Ceron is the Adult Protective Services (APS) Program Director for the City and County of San Francisco. He has been a public servant for 18 years, working in various capacities within the APS program for Santa Barbara and San Francisco counties. He has been an instructor for three APS Regional Training Academies, training on working with the self-neglecting client and elder and dependent adult financial abuse. He has participated in the California Welfare Directors Association's Protective Services Operations Committee, and its Consistency Workgroup since 2010 that develops and maintains the CWDA's APS guidelines to supplement regulations.



#### DIMITRA N. STATHOPOULOS, MSW

**Bio:** Dimitra Stathopoulos received her MSW from SFSU in 2006 and has since been employed with Adult Protective Services as a Protective Services Worker. Prior to that she worked for the National Council on Alcoholism and other Substances in SF as a Volunteer Coordinator and Trainer.

# **BREAKOUT SESSION II**

# ADDRESSING ABUSE AND SUPPORTING WOMEN AND CHILDREN THROUGH CASA DE LAS MADRES

S-163



ANDREA DIAZ

**Breakout Description:** We will discuss the multiple forms of abuse, how they can manifest and be identified, as well as how we can address it and provide support.

**Bio:** Andrea Diaz, the Education and Volunteer Manager at La Casa de las Madres, is responsible for overseeing all components related to training. Andrea has extensive experience engaging with the

community about DV: the dynamics, warning signs and how to help. Andrea has spent over 11 years working with organizations that are focused on supporting women, children and marginalized communities. She has worked with clients in a direct service capacity as a Case Manager at La Casa's Drop-in-Counseling Center. Through community education and engagement she continues to advocate and support clients. Her capacity to inform and educate individuals on DV is exceptional, and fueled by her passion for social justice and equity.

### INTERSECTIONALITY AND IPV

S-168



KAELA JOSEPH, PhD

**Breakout Description:** This session will explore ways in which intersecting identities impact risk and resilience related to intimate partner violence. Specific identities that will be discussed include racial, gender, sexual, and Veteran identities.

**Bio:** Dr. Kaela Joseph is a Staff Psychologist and the Women Veterans Program Manager for the San

Francisco VA Health Care System. At the San Francisco VA, she also precepts clinical psychology services at the newly established Trans Health Clinic. Dr. Joseph earned her PhD from the University of Palo Alto with an emphasis in LGBTQ Psychology. She is a member of local, national, and international professional organizations focused on gender and sexuality, including the American Association of Sex Educators, Counselors, and Therapists, for which she chairs the Mentoring Committee.

### **PANEL**



LARIZA DUGAN-CUADRA

Lariza is committed to building on CARECEN SF's 30-plus years of history, responding to the needs of the Central American diaspora, recently arrived immigrants and greater Latino community in San Francisco and the Bay Area. She is a passionate, creative and effective community builder and immigrant rights advocate. Prior to joining CARECEN SF in 2012, Lariza worked at the Mayor's Office of

Housing and Community Development, as Senior Community Development Specialist, managing public service grants and community building initiatives in San Francisco. Other professional experience include working at KQED –Education Network (EdNet), developing media literacy content and Latin@ outreach initiatives. At Alternative Family Services she worked to reunify families with children in the foster care system, and as a young college student co-facilitated bi-lingual writing workshops at San Francisco's Youth Guidance Center (YGC). Lariza has consulted on projects with SFSU's Marian Wright Edelman Institute, Children's Book Press, the Latino Community Foundation, Active Voice, Sesame Workshop, NAEYC and other institutions focused on new media, and family/community development. Presently, she serves as Treasurer of Alianza Americas Board of Directors – a national network of immigrant-led organizations. Lariza has a B.A. in Humanities with emphasis in Community Development, and a Minor in La Raza Studies, and Certification in Early Childhood Education. She attended City College of San Francisco, San Francisco State University and New College of California.



LAMISHA HILL, PhD

LaMisha Hill, PhD joined UCSF in 2014 as the Director of the Multicultural Resource Center. Prior to this, Dr. Hill completed a Post-Doctoral Fellowship at UC Berkeley's Counseling & Psychological Services, and a Pre-Doctoral Internship at UC Riverside's Counseling Center. Graduate training in Counseling Psychology from the University of Oregon provided foundations in multicultural and ecological frameworks that

further sustain her efforts in diversity and inclusion initiatives in higher education. Dr. Hill is passionate about social justice, advocacy, and equity. She oversees the programmatic efforts of the Multicultural Resource Center, which focus on celebrating diversity, social justice initiatives, and mentorship for historically underrepresented learners.

### **PANEL**



KELLY RAY KNIGHT, PhD

Kelly Ray Knight is Assistant Professor in the UCSF Department of Anthropology, History and Social and Global Health Sciences. She has conducted over two decades of health research on drug use/addiction, structural vulnerability, health care utilization, HIV/AIDS, mental health diagnoses, reproductive health, and housing instability among US urban poor populations. Dr. Knight is currently

Principal Investigator of two qualitative studies funded by the National Institutes of Health. Examining the Consequences of Reductions in Opioid Prescribing on Patients, Clinical Care, and Community Health (RO1DA043631) seeks to improve our understanding of the positive and negative consequences of reductions in opioid prescribing on patients, clinical care delivery and community health to inform clinical and policy recommendations. Family Assisted Housing for Older Homeless Adults (RO1AG050630), in collaboration with Margot Kushel, MD, examines the role of family kinship networks in reducing homelessness. Dr. Knight has developed and facilitated structural competency trainings for SF Bay Area students, residents, and clinicians as a member of the Critical Social Medicine Working Group, serves as a faculty mentor to residents in the UCSF Department of Psychiatry, and as a faculty representative, developing social science-informed curriculum and lecturing in the UCSF Bridges medical school curriculum. Her book-length ethnography, addicted.pregnant.poor (Duke University Press, 2015) was awarded the British Sociological Association's Foundation for the Sociology of Health and Illness (FSHI) 2016 Book Award, was a finalist for the 2015 C. Wright Mills Award, and received an Honorable Mention for the Society of Medical Anthropology's Eileen Basker 2016 Book Prize.



CHRIS AHLBACH

Chris is a 3rd generation San Franciscan, second year medical student at UCSF, and a member of the Do No Harm Coalition. He aspires toward defining himself politically and professionally as an advocate for autonomy and human rights. As he establishes his burgeoning medical career in the context of a changing San Franciscan landscape, he is devoted to approaching complex, multilayered social realities

with humility, intention, and respect for the sociohistorical contexts undergirding present-day struggles for social justice. Chris currently collaborates with the Anti-Eviction Mapping Project to understand how eviction and gentrification in the Bay Area contribute to poor health outcomes.

### PROVIDER TRAINING

MEDICINE



LEIGH KIMBERG, MD

Dr. Leigh Kimberg is a Clinical Professor of Medicine at UCSF and Program Director of the Program in Medical Education for the Urban Underserved (PRIME-US) in the UCSF School of Medicine. She is the Intimate Partner Violence and Family Violence Prevention Coordinator for the San Francisco Department of Public Health (SFDPH) and serves on the San Francisco Family Violence

Cole Hall

Council. Dr. Kimberg founded LEAP (Look to End Abuse Permanently) to develop intimate partner violence prevention, screening, and treatment programs in healthcare settings, most especially in safety net clinics in San Francisco. LEAP's website (www.leapsf.org) is used by clinics locally and nationally. Recently, Dr. Kimberg received a federal grant to fund ARISE (Aspire to Realize Improved Safety and Empowerment). ARISE will transform our San Francisco Health Network primary care system through innovative community partnerships to ensure that we deliver the promise of life-saving assistance to our patients and families who are affected by interpersonal violence (IPV).

Dr. Kimberg attended Harvard Medical School and did her primary care/internal medicine residency at San Francisco General Hospital, UCSF. She has practiced primary care for over 20 years, caring for uninsured and underinsured patients who suffer from high burdens of trauma, mental illness, and substance use disorders. She is profoundly grateful for the privilege of practicing compassion and healing through healthcare and hopes you will care for yourself while caring for others.

# PROVIDER TRAINING

### **PHYSICAL THERAPY**

HSW-302



AMBER FITZSIMMONS, PT, MS, DPTSc

Amber Fitzsimmons is an assistant professor in the department of physical therapy and rehabilitation sciences and department of anatomy. Her research interests include workplace learning initiatives and interprofessional education in the clinical setting. As course director of Psychosocial Aspects in Physical Therapy, Amber feels passionately about the importance of being a primary resource for

patients and clients who are victims of abuse.



ANNA LOEB, MD, MPH

Anna Loeb is a recent graduate from the UCSF Family & Community Medicine Residency Program and is now a family doctor at Silver Avenue Family Health Center in the Department of Public Health. As a medical student at UCSF, she was an organizer of the Intimate Partner Violence Awareness Conference and is excited to be returning. She also completed an MPH in Maternal and Child Health at UC Berkeley where her research focused on intimate

partner violence among adolescents. Prior to medical school, she worked at the Legal Aid Society of San Mateo County. Many of her clients were survivors of intimate partner violence, and she was affected by the cumulative effect of their individual stories, how common intimate partner violence is, and how much it impacts families.

### **PANEL**



ZEA MALAWA, MD

Zea Malawa is a pediatrician and public health professional committed to improving health outcomes for people of color. After completing her undergraduate degree at Columbia University, she received her medical doctorate from UCLA and then went on to get her master's in public health from UC Berkeley. During nearly a decade of practicing medicine in safety-net clinics, Dr. Malawa has developed an acute awareness of the impacts of racism on health. She has come to understand that, in addition to

practicing medicine, political engagement and social justice advocacy are essential for promoting health within marginalized communities. Currently, she works for San Francisco Department of Public Health leading a citywide effort to reduce racial disparities in birth outcomes.



SUSAN MEFFERT, MD, MPH

Dr. Susan Meffert has worked to address the mental health care needs of traumatized populations in low-and-middle-income countries since 1997 in both humanitarian aid settings and through clinical and implementation science research. Beginning in residency training, she conducted a mental health care needs assessment of Darfur refugees living in Cairo and a pilot randomized controlled trial of an adapted evidence-based mental

health treatment (Interpersonal Psychotherapy), delivered by community members. As junior faculty, she conducted a similar series of studies with survivors of the 2008 Sichuan earthquake. Through her research, Dr. Meffert became interested in the strong associations between violence, trauma and HIV among women in low resource settings. Dr. Meffert's current work focuses on HIV+ women exposed to gender based violence (GBV) in subsaharan Africa, where 75% of the world's HIV+ women live. Dr. Meffert collaborates with the UCSF Family AIDS Care and Education Services (FACES) PEPFAR funded program based in Kisumu, Kenya, where she used qualitative methods to assess mental health trauma care needs among HIV+ women affected by GBV (2012). Supported by a K23, she is now running an effectiveness-implementation hybrid type I randomized trial with FACES testing a scalable, evidence-based mental health treatment delivered by community therapists, integrated within the HIV clinic for impact on mental health, neurocognitive, HIV and economic outcomes (n=300, clinicaltrials.gov identifier: NCT02320799). Dr. Meffert is also running a mixed methods study of mental health care needs among survivors of gender based violence served by the Federation for Women's Attorneys (FIDA) in Kisumu, Kenya and the mental health impact of providing legal testimony (n=200).

# **BREAKOUT SESSION I**

### HOW TO BE WITH TRAUMA

S-163



**Breakout Description:** In this breakout, participants will learn about the impact of trauma and about the impact on oneself of working with a trauma exposed population. Lastly, participants will learn a variety of

impact on oneself of working with a trauma exposed population. Lastly, participants will learn a variety of coping skills that they can use when working with a trauma exposed client and/or for themselves to cope with the impact of working with trauma exposed community members.

**Bio:** Dr. Sarah Metz graduated from Pepperdine University in 2009. Dr. Metz has extensive experience working with survivors of trauma, substance use disorders, combat Veterans, victims of violent crime, and complex PTSD. She has worked with both survivors and perpetrators of violence in a variety of settings, including outpatient clinics, prisons, and civil commitment facilities. Prior to coming to UCSF, Dr. Metz worked for the VA Palo Alto Healthcare System working at the National Center for PTSD and the Homeless Veterans Rehabilitation Program, a residential treatment program for homeless Veterans. Two years ago, Dr. Metz joined the team at the UCSF-Trauma Recovery Center and is now their Clinical Coordinator.

### GENDER-BASED VIOLENCE AND MENTAL HEALTH S-168



SUSAN MEFFERT, MD, MPH

**Breakout Description:** Dr. Meffert will present on her research on gender-based violence, trauma, HIV and legal aid in Kisumu, Kenya.

Bio: Please see panel section for Dr. Meffert's bio.

# PROVIDER TRAINING

NURSING HSW-300



LISA MIHALY, RN, MSN, FNP

Lisa Mihaly is a family nurse practitioner and Assistant Clinical Professor in the UCSF School of Nursing. She currently works at the Women's Community Clinic, where she is helping the Clinic build a new primary care practice – as well as providing reproductive health care to women of all ages. Her clinical practice has focused on high-risk adolescents and young adults. Her areas of interest include risk reduction in high-risk adolescents and

health education of young adults newly responsible for managing their own health needs. Prior to becoming a nurse practitioner, Mihaly worked for 15 years in the public policy arena on behalf of families at local, state, and federal levels—including work with the Children's Defense Fund and the Family Violence Prevention Fund. Her interest in family and IPV continues to include the policy-level issues and the needs of specific clients in the health care setting. She has conducted trainings on IPV for health care providers, child welfare staff, policy makers, and DV shelter staff. She received an undergraduate degree in European History from Harvard College and RN and MSN degrees from UCSF.

DENTISTRY S-178



NANCY KWON HSIEH, DDS, MS

Dr. Nancy Hsieh (pronounced "Shay") was born and raised in Los Angeles. She fell in love with the Bay Area while attending UC Berkeley where she majored in psychology. She graduated with honors from the University of the Pacific, School of Dentistry here in San Francisco in 2002. Dr. Hsieh completed her pediatric training at UC San Francisco where she was Chief

Resident. During her residency, she continued her education and received a Masters in Orofacial Sciences. Dr. Hsieh has won national and local awards for her research which involved educating dentists on recognizing the signs and symptoms of domestic violence. She has also published her research in the Journal of the American Dental Association. Her passion is treating children and making it a fun and memorable experience. She also enjoys spending time with her husband and three children. She is a Diplomate in the American Board of Pediatric Dentistry and is an active member of the American Dental Association, California Dental Association, American Academy of Pediatric Dentists, California Society of Pediatric Dentists, and San Francisco Dental Society. She currently is an adjunct professor at the University of the Pacific.

# PROVIDER TRAINING

PHARMACY HSW-301



TAYLOR DEVENS, PHARMD, AAHIVP, BCPS, CGP

Taylor is currently a clinical pharmacist at Laguna Honda Hospital specializing in geriatric HIV care. He graduated from the University of Connecticut in 2009 and moved to San Francisco in 2011. His volunteer activities include volunteer professor WOS at UCSF and HIV test counselor at STRUT (formerly known as Magnet) which is an HIV/STD clinic primarily focused

on serving male identified members of the gay and MSM community. He got interested in the role of pharmacists in partner violence 3 years ago after starting at UCSF and meeting Dr. Leigh Kimberg.



ELIZA "HAYES" BAKKEN, MD

Eliza "Hayes" Bakken is a Pediatrician and the Associate Medical Director for Primary Care at the Children's Health Center which is located at Zuckerberg San Francisco General. She is a primary care provider and precepts residents in the Kempe Clinic which works to address the intergenerational transmission of trauma from caregivers to children. In her academic pursuits, she works on the ARISE project

which seeks to improve the safety and empowerment of patients and parents of pediatric patients who are experiencing IPV in the SF Health Network Clinics. She is a mother of 2 young boys and a Bay Area transplant from Philadelphia.

# **BREAKOUT SESSION I**

# PROVIDING CARE FOR VETERAN VICTIMS OF SEXUAL ASSAULT

S-170



DANETTE BARNETT, MSW

**Breakout Description**: This session will focus on sexual assault in the military and how the VA offers a model for screening, assessment, treatment, and coordination of care. We will discuss clinical issues and interventions, including a case example.

**Bio:** Ms. Danette Barnett is a veteran, who has over 20 years of experience working nationally as a

Certified Sexual Assault Crisis Counselor and an advocate to end sexual assault. She is currently a mental health social worker for the San Francisco VA Health Care System, Drug and Alcohol Treatment Clinic and the Military Sexual Trauma Coordinator. Her experience spans from counseling adolescents involved in the sex trade, working and volunteering as a sexual assault crisis counselor, and serving as a child advocate and community educator bringing awareness inside schools, hospitals, and correctional institutions. Ms. Barnett co-founded a child and family safety center, taking an active role as the family advocate and lead forensic interviewer. She has provided expert testimony for survivors of sexual assault/abuse during legal proceedings and has instructed for the National Child Protection Training Center for Forensic Interviewers. Ms. Barnett broadened her field work by interning at the VA Trauma Recovery Program focusing on veterans that experienced Military Sexual Trauma and/or Combat related trauma.

### GUN VIOLENCE AS A PUBLIC HEALTH ISSUE

S-172



JAHAN FAHIMI, MD

**Breakout Description**: This session will focus on how we as providers and as a community can come up with scientifically based methods to better inform clinicians, support public health initiatives, and ultimately inform public policy to diminish the effects of gun violence on society.

Bio: Dr. Fahimi is an emergency physician practicing in

San Francisco, CA. He has a professional focus in social determinants of health, understanding healthcare value, medical education, and gun violence research.

# **BREAKOUT SESSION I**

# THE INTERSECTION OF DOMESTIC VIOLENCE AND THE LAW

S-174



EMBERLY CROSS, JD, MSW

Breakout Description: The criminal and civil legal systems are tools in the safety toolkit for survivors of domestic violence, sexual assault, and stalking. They are not one-size-fits-all, and they are not the remedy for every survivor. In this session, attendees will learn about what the civil and criminal legal systems can offer to survivors, as well as the pros and cons of different options. You will also learn how to make

meaningful referrals to survivors who want to pursue legal remedies.

**Bio:** Emberly Cross has been the Coordinating Attorney at the Cooperative Restraining Order Clinic in San Francisco since 1996, helping survivors of domestic violence, sexual assault, and stalking obtain restraining orders and child custody and support orders. Emberly served two terms on the California Judicial Council's Family and Juvenile Law Advisory Committee and currently sits on the Administrative Office of the Court's Violence Against Women Education Project Planning Committee. She obtained her law degree and her Master's of Social Work degree from the University of Michigan.

# UNDERSTANDING RACISM TO BETTER CARE FOR CLIENTS OF COLOR

S-176



ZEA MALAWA, MD

Breakout Description: While most providers are aware that racism is an issue facing our patients of color, most of us have not been taught how the racism might manifest in our patient's lives and what we can do about it. This session will explore how racism affects our ability to care for our patients, how structural racism constrains our patients' lives and tools we can use as providers to support our clients of color.

Bio: Please see the panel section for Dr. Zea Malawa's bio.

# **BREAKOUT SESSION I**

CULTURAL COMPETENCY: THE IMPORTANCE OF CONSIDERING CULTURE WHEN SUPPORTING SURVIVORS OF IPV

S-178



**Breakout Description**: Exploring the relevance of culture in caring for IPV survivors.

TU-MINH TRINH

**Bio:** My name is Tu-Minh Trinh, and I'm currently working at the Asian Women's Shelter in San Francisco as a Family Advocate. I've been with the

shelter since 1990. My work at the shelter includes casework where I accompany clients to various types of appointments as their advocate and translator. Before 1990, I worked for three years with the San Francisco Head Start Program. I was a home visitor in the Head Start Homebase Program where I had provided services to twelve families per program year. I made weekly home visits to the se families in the Tenderloin and Mission districts. My first and part-time job was working at the Central YMCA in the Tenderloin district. I worked with young school age children who were like myself, fresh off the boat from Southeast Asia in the early 1980. When I'm not at work, I like to go for nature walk and photograph.

JINU KWAK

**Bio:** Jinu Kwak is a Children's Advocate at the Asian Women's Shelter in San Francisco. In this role she provides intensive, one-on-one case management for children at the shelter, including: coordination of legal, immigration, educational, health and mental health resources for children, individual one-on-one meetings with each child, childcare, transportation or accompaniment when necessary, language advocacy and support or coordination thereof and follow-up support as children transition out of emergency shelter. She also works closely with the Women's Advocates and mothers to better meet the overall needs of children in relation to their mothers.