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The Chancellor's Endowment Fund (CHEF) is dedicated to supporting educational and community service activities and events. A project must also provide educational opportunities for its volunteer participants. More information: <http://clubs.ucsf.edu/chef-funding>

Futures Without Violence

The Futures Without Violence, formerly known as Family Violence Prevention Fund, works to prevent violence within the home, and in the community, to help those whose lives are devastated by violence because everyone has the right to live free of violence. More information: www.endabuse.org

Program in Medical Education for the Urban Underserved (PRIME-US)

PRIME-US is a UCSF School of Medicine program that provides skills and support to medical students with demonstrated interest in working with urban underserved communities. More information: <http://meded.ucsf.edu/prime>

PCLA

The Primary Care Leadership Academy (PCLA) is a collaboration of students, residents, and faculty working together to engage in primary care transformation, enhance community health outreach, optimize primary care education, mentor primary care career choice, and promote primary care advocacy. More information: <http://pcla.ucsf.edu>

UCSF Associated Students of the School of Medicine (ASSM)

ASSM is a group of medical students elected by their peers to represent the student body and act as liaisons to the School of Medicine faculty and administration. More information here: <http://ucsf.orgsync.com/org/somassm>

UCSF Graduate and Professional Student Association (GPSA)

The mission of GPSA is to serve the collective interests of graduate and professional students at UCSF in order to improve student life on a university and system wide level through dialogue, action, and activities between students, faculty, and staff. More information: <http://gpsa.ucsf.edu>

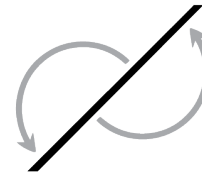
Thank you to Vinita Israni for designing the logo.

More information here: <http://www.vinitaisrani.com>

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Students for the Prevention of Domestic Violence
Presents:



BREAKING THE CYCLE
14th ANNUAL UCSF
DOMESTIC VIOLENCE CONFERENCE

Saturday, November 15, 2014

UCSF

University of California
San Francisco

Letter

Dear UCSF students, colleagues and friends,

For the fourteenth consecutive year, the students of UCSF present their annual domestic violence prevention conference. This year, the title is "Breaking the Cycle." Patients may break the code of silence around domestic violence. Healthcare providers may be more comfortable and compassionate in asking their patients about the abuse and violence in their lives. Given the statistics, chances are good that some people in attendance have felt these hurts some time in their lives. It is also probable that many of our patients hope that we can help them to stop the violence that they endure. We need to be both healer and healed.

The Department of Epidemiology and Biostatistics takes pride in supporting this work. We know that students from medicine, nursing, dentistry, and pharmacy attend the conference, as well as colleagues and friends from other schools in the area and in the community. This multi-disciplinary conference reinforces the benefits which follow when we share information and resources about our patients among the different health professions involved in their care. We are confident that all our patients will benefit from your presence today and in the years to come.

Have a good and fruitful conference.

Sincerely,



Robert A. Hiatt, MD, PhD

Professor and Chair,
Department of Epidemiology & Biostatistics
Director of Population Sciences & Deputy Director,
UCSF Helen Diller Family Comprehensive Cancer Center

Thank you to our survivor panelists!

The courage and strength you have shown in sharing your stories is not only admirable—it makes an impact in the lives of each and every one of your listeners. The healthcare community moves a step closer in aiding the battle against violence with your act of bravery. Your words will not be lost on deaf ears.

Resources

Asian Women's Shelter
www.sfaws.org

California Coalition for Women Prisoners
www.womenprisoners.org

Creative Interventions
www.creative-interventions.org

District Attorney's Victim Services
www.sfdistrictattorney.org

Family Violence Prevention Fund
www.endabuse.org

Howling Husky Homestead - Dr. Linda Chamberlain
www.howlinghuskyhomestead.com

Institute for Safe Families
www.instituteforsafefamilies.org

La Casa de las Madres
www.lacasadelasmadres.org

Look to End Abuse Permanently (LEAP)
www.leapsf.org

Mujeres Unidas/Women Together Foundation Inc.
www.mujeresunidas.org

San Francisco Women Against Rape
www.sfwar.org

Breakout Sessions

Elder Abuse



Shawna Reeves, MSW, is director of Elder Abuse Prevention at the Institute on Aging in San Francisco. Previously, she was a long term care advocate at California Advocates for Nursing Home Reform and director of financial education and advocacy at Council on Aging Silicon Valley. Shawna lead-authored an article on

financial abuse prevention strategies that appeared in the Journal of Elder Abuse and Neglect, co-authored "Examining Faulty Foundations in Today's Reverse Mortgages" with Consumers Union and California Advocates for Nursing Home Reform, and was featured in a Journal of Progressive Human Services article titled "Social Work in the Campaign Against Predatory Consumer Financing: An Interview with Shawna Reeves." Shawna taught social welfare policy analysis at San Jose State University's Master of Social Work Program and currently advises Smith College School for Social Work MSW students on their community practice projects.

Talk description: Elder abuse is a growing problem in America and in the world. Attend this presentation to learn how to identify, prevent and report elder abuse. Attendees will learn about the different types of elder abuse, what makes elders targets for abuse, and how to work with elders who have suffered abuse. Attendees will also learn about resources in San Francisco that serve abused elders and bring justice to this vulnerable population.

Letter from the Coordinators

Dear Colleagues and Friends,

Domestic and intimate partner violence/abuse is a health care issue pervasive across genders, cultures, and socioeconomic classes. Violence and abuse affect every aspect of a person's physical, mental, and emotional health. It is a public health crisis. Yet, there remains a "wall of silence" around domestic and intimate partner violence. This wall exists not because we do not have the knowledge to treat the physical and emotional consequences of violence and abuse in our patients. And it is not because we are incapable of recognizing the deleterious impact of violence on our patients. Instead, for many of us, we are simply untrained in how to broach this topic in our practice.

This year's theme, *Breaking the Cycle*, is intended to examine and offer suggestions for how we start conversations about domestic violence with our patients and community to stop the perpetration of violence. We seek to answer these questions: How can we effectively screen our patients? How can we communicate to our patients that we are open talking about these issues, and we will remain open to future conversations? How can we engage in conversation with our colleagues around this issue, and, how can we make room for social change on a larger scale?

Our mission for this conference is to build a greater awareness and knowledge base for current and future healthcare providers, as well as members of the community, on issues of violence and abuse. We aim to discover ways in which we can work together to put an end to violence that men, women, and children face in their personal relationships. Calling on experts in our community who have worked tirelessly to support this effort, we hope this conference sheds light on some of the many complexities and nuances of domestic violence—and leaves you walking away with a sense of how and where you can intervene as a healthcare provider. Ultimately, we aspire to bring forth in you a spirit of change, a desire to know more, and a commitment to apply what you know to your practice.

Welcome to the 14th Annual Domestic Violence Conference at UCSF. We are grateful for your attendance.

Respectfully,

Samantha Masaki, Sue Wang, and Katherine Wei
Students for the Prevention of Domestic Violence

Acknowledgements

Advisers

Leigh Kimberg, MD
Elizabeth McLoughlin, ScD

Conference Coordinators

Samantha Masaki
Sue Wang
Katherine Wei

Volunteers

Nursing

Katherine Gladwin, Kate Mitchell, Brianna Singleton, Carolyn Slaughter

Dental

Danielle Jaul

Medicine

Anya Desai, Kelsi Schoenrock, Cheyenne Snavely, Maria Patanwala, Julie Wu, Karina Yu, Matthew Pimentel, Nausheen Mahmood

Faculty/Staff

Julia Freimuth, PhD
Amber Fitzsimmons, DPTS

Special Thanks To

Jennifer Rosko, Barbara Smith, Kathy Chew, and Noel Baronia for patiently and diligently working with the coordinators to ensure this event came to fruition. We could not have done it without your kind support!

Breakout Sessions

Early Intervention

Dr. Charles A. Flinton has been engaged in research, assessment, and treatment of sexual abuse since 1986. His work includes collaboration with various local and national organizations including the San Francisco Forensic Institute (SFFI), Center on Sex Offender Management (CSOM), Generation 5, the National Organization of Women (NOW), and the California Sexual Offender Management Board (CASOMB). In 2004, he was appointed Co-Chair of the San Francisco Sex Offender Management Alliance (SFSOMA) by the San Francisco's Mayor's Office. Most recently, he co-founded the Blue Rock Institute, an organization aimed to prevent sexual abuse through early intervention and education.

Talk description: Most programs work to prevent acts of sexual violence by stopping perpetrators after they have already committed an offence. This presentation will introduced a model of prevention intended to intervene with individuals who are experiencing, or are on the verge of experiencing, escalating problematic sexual behavior. This can break the cycle of violence by stopping potential violence before it happens.

La Casa de las Madres

Katharine Berg, M.P.A., serves as Associate Director at La Casa de las Madres. Since joining La Casa as a volunteer in 2001, Katharine has played many roles: community educator, volunteer liaison, program manager, hotline advocate, marketing manager, and development professional. She authored La Casa's innovate Safe Housing Project addressing the critical intersection of domestic violence and housing and works closely with philanthropic, community, and thought leaders to strengthen protections, appropriately locate accountability, and bridge gaps in local services for vulnerable populations including older adults, police involved victims, non-English speaking immigrants, and youth.

Breakout Sessions

SafeStart



Blia Moua is the Program Manager of the SafeStart Collaborative, a program of the San Francisco Child Abuse Prevention Center. Blia received a Master's in Social Work degree. She has been working with families in various capacities for over 10 years. She manages the SafeStart collaborative; provides parenting classes; offer parent education workshops; facilitate parent/child skill building groups; and provides therapy for domestic violence survivors and for families with young children exposed to violence.

Talk description: Recent research shows that young children who witness violence are vulnerable to many issues including developmental delay, aggression, behavioral disorders, depression, anxiety, low self-esteem and self-confidence, inability to react appropriately to stress, and later tendency towards violence as adolescents.

- Learn about types of violence including domestic violence and community violence.
- Learn about research regarding exposure to violence including symptoms that may be affecting a child.
- Learn about what makes children resilient to the effects of exposure to violence.
- Learn about community resources that are available.

Schedule of Events

| | |
|-------------|--|
| 8:00-8:30 | Registration & Breakfast (HSW Lobby) |
| 8:30-8:45 | Introductory Talk (HSW-300) |
| 8:50-9:50 | Keynote Speaker (HSW-300) <i>Effective Treatment Requires Healing: Changing the scope and experience of primary care</i> Edward Machtinger, MD |
| 10:00-11:00 | Multidisciplinary Panel (HSW-300) |
| 11:10-12:00 | Breakout Session I Shawna Reeves.....HSW-302 Chris Stewart.....HSW-303 Ray Swanson..... S-157 Ivan Corado..... S-163 |
| 12:00-1:00 | Lunch (Provided, Saunders Court) |
| 1:00-2:30 | Provider Training Amber Fitzsimmons, DPTS Physical Therapy...HSW-300 Leigh Kimberg, MD Medicine.....HSW-301 Lisa Mihaly, RN, MSN, FNP Nursing.....S-157 Nancy Kwon Hsieh, DDS, MS Dental..... S-163 Elizabeth McLoughlin, ScD; Pharmacy..... HSW-302 Hai-Au Luu, PharmD |
| 2:40-3:30 | Breakout Session II Charles Flinton.....HSW-302 Katharine Berg.....HSW-303 Blia Moua..... S-157 Ivan Corado..... S-163 |
| 3:40-4:40 | Survivor Panel (HSW-300) |
| 4:40-5:00 | Decompression & Closing (HSW-300) |

Keynote

Effective Treatment Requires Healing: Changing the scope and experience of primary care

Dr. Machtinger will describe how there is a fundamental mismatch between the treatments offered in primary care and the healing that is really needed. He will show that a focus on trauma provides an opportunity for changing primary care. Addressing trauma effectively, by nature, requires a fundamental shift in the culture and services provided at primary care clinics and the experience for both providers of care and patients. He will tell the story of three women who led him to this conclusion: a patient of who experienced severe intimate partner violence (IPV); a leader of a community arts organization who taught him that healing from violence and other deeply wounding situations can occur, but that the process is hard and deliberate; and a young activist with HIV who inspired and mentored him to try to change primary care through advocacy and health policy.



Edward Machtinger, MD, is a Professor of Clinical Medicine and Director of the Women's HIV Program at UCSF. His primary academic interest is the relationship between HIV and violence against women. His recent publications include a meta-analysis describing high rates of trauma and PTSD among US woman living with HIV; a study demonstrating a significant association of recent trauma and HIV antiretroviral failure; and a study of the impact of an expressive therapy disclosure intervention for WLHIV. His current focus is on developing and evaluating a scalable model of trauma-informed primary care. He serves on the Executive Committee of the UCSF AIDS Research Institute (ARI). He is a graduate of Harvard Medical School and performed his residency in internal medicine at UCSF.

Breakout Sessions

Manalive, Continued

Talk description: The *Manalive* manual was first created in 1984 to collect and systematize interventions completed and used to design Manalive's first program at Marin Abused Women's Services in Marin County, California. They required a program design based on two things: survivors' experience of domestic violence and their urgency that it stop, and a "male-role belief system" theory of domestic violence. Today the work of *Manalive* continues in programs all over the country and internationally.

Child Abuse



Christopher C. Stewart, MD, MA, FAAP, is a Professor of Pediatrics at UCSF, and board certified in child abuse pediatrics. Dr. Stewart received his MD degree from Harvard University and completed his residency training in pediatrics at UCSF. Dr. Stewart does child abuse consultations for San Francisco County hospitals, as well as consultation and testifying for San Francisco

Child Protective Services and the District Attorney's office. Dr. Stewart runs a child abuse rotation for medical students, as well as residents. He has given numerous lectures and has administered training programs in child physical and sexual abuse in international settings, including training on forensic sexual abuse evaluations in the Eastern Democratic Republic of Congo.

Talk description: This talk will cover (1) a very brief review of child abuse recognition and reporting issues for health care professional, (2) the understanding the relationship of DV/IPV to child abuse, and (3) the long-term health consequences of child abuse and other adverse events, and some things we can and should be doing about them.

Breakout Sessions

Gun Violence



Raymond Swanson, M.D., is Professor and Vice-Chair of Neurology at UCSF and Chief of the Neurology and Rehabilitation Service at the San Francisco Veterans Affairs Medical Center. He has a long-standing interest in handgun violence as a major public health issue.

Talk description: The addition of a handgun to the mix of factors contributing to domestic violence enormously increases the injury,

death, and permanent disability that occur in this setting. The recent politicization of gun policies in the U.S. has made many public institutions reticent to address this aspect of the domestic violence, but when viewed as a public health issue the role of handguns cannot be ignored. Attendees will gain a brief overview of the scope of this problem and the existing political and social barriers to impeding progress in this area, and will then participate in identifying new and creative avenues for intervention.

Manalive



Ivan M. Corado-Vega is a former facilitator of the Resolve to Stop the Violence Project (RSVP) in the San Francisco County Jail. He is trained as a Manalive™ facilitator, youth developer, case manager and 12 step principal group leader. Ivan's work also includes community organizing at a youth development center in San Francisco's Mission District where he focuses on violence intervention. Most

recently he was a facilitator at Insight Prison Project where he was responsible for the delivery of the Manalive™ batterer intervention curriculum at San Quentin State Prison.

Multidisciplinary Panel

Elizabeth Kirton is the Executive Director of Asian Women's Shelter—an organization that has worked alongside survivors of domestic violence, sexual assault, and human trafficking—both as residents of their shelter and as outside clients—since 1988. Elizabeth joined AWS in early 2012, shortly after her return to the US from nearly two decades working in Southeast Asia. Trained as a cultural anthropologist, Elizabeth worked for the United Nations High Commissioner for Refugees, leading teams of national and international staff who served refugees and refugee returnees in the border areas of Cambodia, Laos, Thailand, and Burma. She became the Executive Director of AWS in 2013 and is a proud member of a team of 17 staff, 50 active volunteers, and 100 language advocates, providing support to survivors in 41 languages.



Sylvia Deporto is currently the Deputy Director of Family & Children's Services Division of the Human Services Agency for the City & County of San Francisco. Prior to this position she was the Assistant Director for the Children's Services Division in Riverside County.

Sylvia received her Bachelor's degree in Psychology from the University of

California at Riverside and a Master's degree in Counseling from California State University at Cal State San Bernardino. She has over 27 years of experience in the field of social work including child protective services; services to elderly, blind and disabled adults; and services to developmentally delayed children. She was employed with Riverside County Children's Services Division for 21 years serving in the capacity of social worker, supervisor, trainer, manager and director.

Multidisciplinary Panel



Minouche Kandel is the Director of Women's Policy at the San Francisco Department on the Status of Women (DOSW), where she helps to coordinate San Francisco's response to domestic violence and human trafficking. Prior to working at DOSW, Minouche worked for 15 years as a staff attorney in the San Francisco office of Bay Area Legal Aid, a legal services agency providing free legal assistance to low income persons in the Bay Area. She represented domestic violence survivors in family law in the trial court and the court of appeal. Minouche has also assisted domestic violence survivors with immigration, public benefits, public housing, and other legal issues. She has been working in the area of domestic violence for over 20 years, and has particular expertise in family law, and the intersection of welfare and domestic violence. She has been involved in creating local and statewide protocols on the treatment of abuse survivors in the CalWORKs system, California's TANF program. She has done extensive community education and training on domestic violence for lawyers, probation officers, family court services staff, court staff; welfare workers; public health workers; and children's advocates.

Minouche is a Certified Family Law Specialist, and a member of the Family Law Executive Committee of the State Bar of California. She has been published in [Clearinghouse Review](#), [Ms.](#), [Discover](#), and the [Yale Journal of Law and Feminism](#). Minouche is a recipient of the 2008 California Lawyer Attorney of the Year (Public Interest Law category), 2009 Legal Aid Association of California's Family Law Award for Direct Representation, the Daily Journal's 2009 Top 100 Lawyers in California, the 2012 San Francisco District Attorney's Women's History Month Honoree, and the 2012 Tanya Neiman Award from the San Francisco Domestic Violence Consortium. Minouche got her B.A. from Yale University and her J.D. from Harvard Law School.

Provider Training



Amber Fitzsimmons is an assistant professor in the departments of physical therapy and rehabilitation sciences and department of anatomy. Her research interests include workplace learning initiatives and interprofessional education in the clinical setting. As course director of Psychosocial Aspects in Physical Therapy, Amber feels passionately about the importance of being a primary resource for patients and clients who are victims of abuse.

Nancy Kwon Hsieh, DDS, MS was born and raised in Los Angeles. She fell in love with the Bay Area while attending UC Berkeley where she majored in psychology. She graduated with honors from the University of the Pacific. School of Dentistry here in San Francisco in 2002. Dr. Hsieh completed her pediatric training at UCSF where she was Chief Resident. During her residency, she continued her education and received a Master in Orofacial Science. Dr. Hsieh has won national and local awards for her research which involved educating dentists on recognizing the signs and symptoms of DV. She has also published her research in the Journal of the American Dental Association. Her passion is treating children and making it a fun and memorable experience. She also enjoys spending time with her husband and two daughters. She is a Diplomat in the American Board of Pediatric Dentistry and is an active member of the American Dental Association, American Academy of Pediatric Dentists, California Society of Pediatric Dentists, and SF Dental Society. She currently is an adjunct professor at the University of the Pacific.



Provider Training



Lisa Mihaly, RN, MSN, FNP is a family nurse practitioner and Assistant Clinical Professor in the UCSF School of Nursing. Her clinical practice has focused on high-risk adolescents and young adults. Her areas of interest include risk reduction in high-risk adolescents and health education of young adults newly responsible for managing their own health needs. Prior to becoming a nurse practitioner, Mihaly worked for 15 years in the public policy arena on behalf of families at local, state

and federal levels—including work with the Children's Defense Fund and the Family Violence Prevention Fund. Her interest in family and IPV continues to include the policy-level issues and the needs of specific clients in the health care setting. She has conducted trainings on IPV for health care providers, child welfare staff, policy makers, and DV shelter staff. She received an undergraduate degree in European history from Harvard College and RN and MSN degrees from UCSF.

Multidisciplinary Panel

Lieutenant Trenia Wearing #1865 began her career with the San Francisco Police Department in 1995. After graduation from the Police Academy, she was assigned to Patrol and worked Mission, Potrero-Bayview and Park Stations and Airport Bureau. In 2003, she was promoted to the rank of Sergeant and was a Field Supervisor assigned to Bayview, then Taraval Stations and was selected from a qualified pool of candidates to oversee the SFPD Recruitment Unit from 2006 to 2010. In 2010, Trenia was then transferred to oversee the SFPD Housing Unit from 2010 to 2011. October 2011 she was promoted to rank of Lieutenant and assigned to Ingleside Station, where she served as Platoon Commander for Swing and Day watches until recently asked to transfer to Special Victims Unit, June 2013. The Special Victims Unit (SVU) is comprised of eleven disciplines – Domestic Violence, Stalking, Sex Crimes, Financial Crimes, Internet Crimes Against Children, Juvenile Crimes, Elder Abuse Crimes, Human Trafficking, Missing Persons, First Offender Prostitution Program (FOPP), and Psych Liaison Unit -- merged into one to become a super unit which investigates cases. Presently Lt. Trenia Wearing is one of two Lieutenants assigned to manage the Special Victims Unit for SFPD.

Provider Training



Elizabeth McLoughlin, ScD has worked in injury prevention since 1973, beginning at the Shriners Burns Institute in Boston. In 1984, she earned a doctorate from Johns Hopkins University with a concentration in injury prevention. Her major concentrations have been in the prevention of youth violence

and domestic violence, burns prevention, motorcycle helmet laws, injury data systems and survivor advocacy. Regarding violence prevention, she coordinated the Academic Fellowship program of the California Wellness Foundation's Violence Prevention Initiative (1993-2003), assisted the health initiatives of the Family Violence Prevention Fund (1990-2000), served on two National Academy of Science's Committees (the assessment of family violence interventions, 1994-1996 and the future of injury & violence prevention, 1997-1999), and as chair of the CDC's Subcommittee on Family and Intimate Violence from 1994-1997.

Hai-Au Luu graduated from UCSF School of Pharmacy in 2011 and joined SF General Hospital as a psychiatric pharmacist in 2012. Her professional interests include management of metabolic side effects of atypical antipsychotic medications, injectable antipsychotics in acute agitation, and stigma/treatment of mental illness in the Asian-American population. Originally from southern California, she is excited to be at SFGH every day because every day is different and is fortunate to get to work with so many amazing and dedicated providers as well as such the diverse patient population.



Provider Training



Dr. Leigh Kimberg is a Clinical Professor of Medicine at UCSF who is the Program Director of PRIME-US (Program in Medical Education for the Urban Underserved) in the UCSF School of Medicine. She is the intimate partner violence and family violence prevention coordinator for the San Francisco Department of Public Health (SFDPH).

She serves as the SF DPH representative to the San Francisco Family Violence Council. Dr. Kimberg serves on the Advisory Board of the San Francisco SafeStart, a program that treats children and families who have a child 0-6 who has been exposed to violence. Dr. Kimberg founded and directs a program called, LEAP (Look to End Abuse Permanently). LEAP's mission is to develop intimate partner violence prevention, screening, and treatment programs in healthcare settings, most especially in safety net clinics in San Francisco and elsewhere. LEAP's website (www.leapsf.org) is used by clinics nationally to improve their intimate partner violence screening and treatment programs. LEAP was funded by Kaiser Permanente in San Francisco for 3 years to develop and improve intimate partner violence screening, treatment, and prevention programs in safety net clinics in San Francisco. In 2007, Dr. Kimberg chaired a national ad hoc committee for Futures without Violence to develop pilot guidelines on screening men for intimate partner violence victimization and perpetration in medical practice. Dr. Kimberg attended Harvard Medical School and did her primary care/internal medicine residency at San Francisco General Hospital, UCSF. She has practiced primary care for over 20 years, caring for uninsured and underinsured patients who suffer from high burdens of trauma, mental illness, and substance use disorders.