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The Chancellor's Endowment Fund (CHEF) is dedicated to supporting educational and community service activities and events. A project must also provide educational opportunities for its volunteer participants. More information: <http://clubs.ucsf.edu/chef-funding>

### ***Futures Without Violence***

The Futures Without Violence, formerly known as Family Violence Prevention Fund, works to prevent violence within the home, and in the community, to help those whose lives are devastated by violence because everyone has the right to live free of violence. More information: [www.endabuse.org](http://www.endabuse.org)

### ***LEAP (Look to End Abuse Permanently)***

LEAP (Look to End Abuse Permanently) is an organization of health care providers and volunteers dedicated to ending intimate partner violence by establishing intimate partner violence screening, treatment, and prevention programs in the health care setting. More information: [www.leapsf.org](http://www.leapsf.org)

### ***Program in Medical Education for the Urban Underserved (PRIME-US)***

PRIME-US is a UCSF School of Medicine program that provides skills and support to medical students with demonstrated interest in working with urban underserved communities. More information: <http://meded.ucsf.edu/prime>

### ***UCSF Nursing Student Council***

The Nursing Student Council is the official organization that represents the School of Nursing students at UCSF. We aim to enhance the experience of the student body by serving as a liaison between the students and the School and University, organizing events that bring students together, and supporting student travel or projects. More information: <http://nursing.ucsf.edu/student-council>

### ***UCSF Graduate Student Association***

GSA is made up of UCSF nursing, physical therapy & life, social and behavioral science students. GSA's mission is to improve the quality of graduate student life, to represent diverse student needs and to advocate for student rights and interests. More information: <http://gsa.ucsf.edu/>

Food Donated By

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Students for the Prevention of Domestic Violence  
Presents:

OPENING  DOORS  
13th Annual Domestic Violence Conference at UCSF

Saturday, October 26<sup>th</sup>, 2013

**UCSF**

University of California  
San Francisco

## Letter

Dear UCSF students, colleagues and friends,

For the thirteenth consecutive year, the students of UCSF present their annual domestic violence prevention conference. This year, the title is "Opening Doors." An open door connects people and spaces on both sides of a wall. Patients may break the code of silence around domestic violence. Healthcare providers may be more comfortable and compassionate in asking their patients about the abuse and violence in their lives. Given the statistics, chances are good that some people in attendance have felt these hurts some time in their lives. It is also probable that many of our patients hope that we can help them to stop the violence that they endure. We need to be both healer and healed.

The Department of Epidemiology and Biostatistics takes pride in supporting this work. We know that students from medicine, nursing, dentistry, and pharmacy attend the conference, as well as colleagues and friends from other schools in the area and in the community. This multi-disciplinary conference reinforces the benefits which follow when we share information and resources about our patients among the different health professions involved in their care. We are confident that all our patients will benefit from your presence today and in the years to come.

Have a good and fruitful conference.

Sincerely,



Robert A. Hiatt, MD, PhD

Professor and Chair,  
Department of Epidemiology & Biostatistics  
Director of Population Sciences & Deputy Director,  
UCSF Helen Diller Family Comprehensive Cancer Center

## Thank you to our survivor panelists!

The courage and strength you have shown in sharing your stories is not only admirable—it makes an impact in the lives of each and every one of your listeners. The healthcare community moves a step closer in aiding the battle against violence with your act of bravery. Your words will not be lost on deaf ears.

### Resources

Asian Women's Shelter  
[www.sfaws.org](http://www.sfaws.org)

California Coalition for Women Prisoners  
[www.womenprisoners.org](http://www.womenprisoners.org)

Creative Interventions  
[www.creative-interventions.org](http://www.creative-interventions.org)

District Attorney's Victim Services  
[www.sfdistrictattorney.org](http://www.sfdistrictattorney.org)

Family Violence Prevention Fund  
[www.endabuse.org](http://www.endabuse.org)

Howling Husky Homestead - Dr. Linda Chamberlain  
[www.howlinghuskyhomestead.com](http://www.howlinghuskyhomestead.com)

Institute for Safe Families  
[www.instituteforsafefamilies.org](http://www.instituteforsafefamilies.org)

La Casa de las Madres  
[www.lacasadelasmadres.org](http://www.lacasadelasmadres.org)

Look to End Abuse Permanently (LEAP)  
[www.leapsf.org](http://www.leapsf.org)

Mujeres Unidas/Women Together Foundation Inc.  
[www.mujeresunidas.org](http://www.mujeresunidas.org)

San Francisco Women Against Rape  
[www.sfwar.org](http://www.sfwar.org)

## Breakout Sessions

### Domestic Violence in the Military, Continued

**Leila Zwelling, LCSW** is an Assistant Clinical Professor with UCSF's Psychiatry Department and a clinical social worker with the San Francisco VA Women's Clinic Mental Health Program. She currently serves as a clinical supervisor and staff psychotherapist in the SFVA's rapidly expanding Women's Mental Health Program, providing gender-specific treatment for female veterans with complex trauma histories, including childhood abuse, combat and military sexual trauma, and intimate partner violence. She is VA certified in Prolonged Exposure for PTSD and Interpersonal Psychotherapy for Depression, and was recently selected as a VA Staff Consultant for the nationwide VA Interpersonal Psychotherapy Program. Her additional roles in the VA Women's Clinic include intake coordinator, supervisor for the Behavioral Health Program embedded within Women's Clinic's Primary Care, and covering provider for the hospital's Military Sexual Trauma Coordinator. Prior to joining the VA, Ms. Zwelling worked for UCSF's Psychiatry Department at the San Francisco General Hospital, where she provided mental health services to patients with severe mental health and substance abuse issues.

### Elder Abuse and Domestic Violence Later in Life



**Talitha Guinn** is the director of the Elder Abuse Prevention Program and the San Francisco Elder Abuse Forensic Center. She brings first-hand knowledge of elder abuse cases to her presentations and has provided trainings in a variety of settings serving both professionals and the general public.

## Letter from the Coordinators

Dear Colleagues and Friends,

Domestic and intimate partner violence/abuse is a health care issue pervasive across genders, cultures, and socioeconomic classes. Violence and abuse affect every aspect of a person's physical, mental, and emotional health. It is a public health crisis. Yet, there remains a "wall of silence" around domestic and intimate partner violence. This wall exists not because we do not have the knowledge to treat the physical and emotional consequences of violence and abuse in our patients. And it is not because we are incapable of recognizing the deleterious impact of violence on our patients. Instead, for many of us, we are simply untrained in how to broach this topic in our practice.

This year's theme, *Opening Doors*, is intended to examine and offer suggestions for how we start conversations about domestic violence with our patients. We seek to answer these questions: How can we effectively screen our patients? How can we communicate to our patients that the door is open to talking about these issues, and that the door will remain open to future conversations? How can we engage in conversation with our colleagues around this issue, and, how we can we make room for social change on a larger scale?

Our mission for this conference is to build a greater awareness and knowledge base for current and future healthcare providers, as well as members of the community, on issues of violence and abuse. We aim to discover ways in which we can work together to put an end to violence that men, women, and children face in their personal relationships.

Calling on experts in our community who have worked tirelessly to support this effort, we hope this conference sheds light on some of the many complexities and nuances of domestic violence—and leaves you walking away with a sense of how and where you can intervene as a healthcare provider. Ultimately, we aspire to bring forth in you a spirit of change, a desire to know more, and a commitment to apply what you know to your practice.

Welcome to the 13<sup>th</sup> Annual Domestic Violence Conference at UCSF. We are grateful for your attendance.

Respectfully,

Sarah Gomez, Kate Melino, and Stacey Pearson

*Students for the Prevention of Domestic Violence*

# Acknowledgements

## Advisers

Leigh Kimberg, MD  
Elizabeth McLoughlin, ScD

## Conference Coordinators

Kate Melino  
Stacey Pearson  
Sarah Gomez

## Volunteers

### Nursing

Mona Kim, Paula Lee

### Physical Therapy

Valerie Brown

### Medicine

Elaine Lee, Samantha Masaki, Sue Wang, Tianyi Oxnard,  
Amaranta Craig, Sandeepa Sriram, Santo Ricceri, and  
Mamuna Ahmad

## Special Thanks To

Ruby Tovar , Jennifer Rosko, Barbara Smith, Kathy Chew, and  
Noel Baronia for patiently and diligently working with the  
coordinators to ensure this event came to fruition. We could  
not have done it without your kind support!

# Breakout Sessions

## Domestic Violence in the Military



**Joan Ellen Zweben, Ph.D.** is a clinical psychologist with over forty years' experience in treating co-occurring psychiatric and addictive disorders, and training treatment practitioners. These practitioners include peer counselors, social workers, marriage and family counselors, psychologists, criminal justice personnel, nurses and physicians. She has a broad based background in mental health,

alcoholism, drug dependence, and has experience with both residential and outpatient modalities. She has a long-standing commitment to building treatment resources through networking activities.

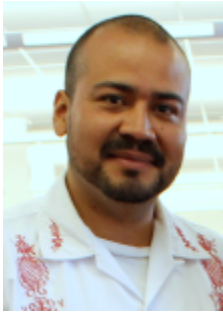
She is the founder and Executive Director of the East Bay Community Recovery Project in Oakland, which provides psychosocial treatment, housing, employment and limited medical services. Her activities as an author, teacher, and consultant keep her informed of new developments in the field of c-occurring disorders. She is the author of 4 books, over 70 articles or book chapters and editor of 15 monographs on treating addiction. She is a Clinical Professor of Psychiatry; University of California, San Francisco.

AND

(Continued on next page)

# Breakout Sessions

## Manalive



**Ivan M. Corado-Vega** is a former facilitator of the Resolve to Stop the Violence Project (RSVP) in the San Francisco County Jail. He is trained as a Manalive™ facilitator, youth developer, case manager and 12 step principal group leader. Ivan's work also includes community organizing at a youth development center in San Francisco's Mission District where he focuses on violence intervention. Most recently he was a facilitator at Insight Prison Project where he was responsible for the delivery of the Manalive™ batterer intervention curriculum at San Quentin State Prison.

## SafeStart



**Blia Moua** is the Program Manager of SafeStart, a city-wide collaborative in San Francisco with a mission to reduce the incidence and impact of violence on young children. The San Francisco Child Abuse Prevention Center is the lead agency of the collaborative. SafeStart works with many public and private agencies in the city. Along with managing the SafeStart

collaborative, she also makes time to offer parent education workshops, facilitate parent/child skill building groups and provides therapy for families with young children exposed to violence. Blia received a Master's in Social Work degree from California State University, Sacramento. She has been working with families in various capacities for over 10 years.

# Schedule of Events

- 8:15-8:45 Registration & Breakfast (HWS Lobby)
- 8:45-9:00 Greeting & Welcome (HSW-300)
- 9:00-10:00 Keynote Speaker (HSW-300)  
*Addressing adolescent relationship abuse*  
Erica Monasterio, RN,MN, FNP
- 10:10-11:30 Multi-disciplinary Panel (HSW-300)  
*Opening the door to conversations about domestic violence*  
Beverly Upton, DV Consortium  
Delia Ginorio, Resolve to Stop Violence Program  
Allison Day, La Casa de las Madres, LGBTQ  
Lt. Trenia Wearing, DV Response Unit at SFPD  
Minouche Kandel, Director of Women's Policy at SF City and County Government
- 11:30-12:30
- 12:30-2:20 Lunch (Provided, Saunders Court)
- 2:30-3:30
 

<b>Provider Training</b>	
Leigh Kimberg, MD	Medicine.....HSW-301
Lisa Mihaly, RN, MSN, FNP	Nursing.....HSW-302
Amber Fitzsimmons, DPTS	Physical Therapy...HSW-303
Nancy Kwon Hsieh, DDS, MS	Dental.....N-217
Elizabeth McLoughlin, ScD	Pharmacy.....N-225
- 3:40-4:45
 

<b>Breakout Sessions</b>	
Hafsah Al-Amin, Beatrice Smith-Dyer	Prison.....HSW-302
Ivan Corado	Manalive...HSW-301
Blia Moua	SafeStart...N-225
Joan Zweben, Leila Zwelling	Military.....HSW-303
Talitha Guinn	Elderly.....N-217
- 4:45-5:00
- Survivor Panel (HSW-300)
- Decompression & Closing (HSW-300)

## Keynote

Promoting Healthy Relationships and Addressing Adolescent Relationship Abuse: A Safety Card Based Intervention



**Erica Monasterio, MN, FNP-BC** is a Clinical Professor and the Director of the FNP Program, Department of Family Health Care in the School of Nursing and on faculty in the Division of Adolescent and Young Adult Medicine, Department of Pediatrics at the University of California, San Francisco since

1997. As a consultant for Futures Without Violence, she provides training and technical assistance for the implementation of Project Connect, a national public health initiative funded by the Office of Women's Health to train health care providers to identify and address domestic and sexual violence in reproductive, perinatal/MCH, and adolescent health settings.

## Breakout Sessions

Prison Intimate Partner Violence



**Hafsa Al-Amin** joined California Coalition for Women Prisoners (CCWP) staff in 2008 as a fulltime Program Coordinator. A former CCWP volunteer advocate, Hafsa coordinates the Prison Visitation program *Across the Walls*, as well as *PAR*, CCWP's grassroots community

reentry project. Hafsa's interest in social justice reform is inspired by her involvement as a feminist and activist within the San Francisco Bay.

AND

**Beatrice Smith-Dyer** is a long-time Oakland resident and former prisoner. Suffering abuse from both parents, Beatrice quit school before graduating and had become addicted to alcohol and drugs by the age of 16. Although having achieved successful recovery by age 30, Bea did not learn how to protect herself from being abused. She was incarcerated in 1992 as a direct result of her response to continued intimate partner abuse, and served 16 years in state prison. Today Bea is home with her children and grandchildren living a stable and product life, and regularly attends speaking engagements educating the public about the consequences of prolonged abuse. She also shares her many life-clarifying experiences including issues of concern for women prisoners and the challenges faced by returning citizens.



## Provider Training



**Elizabeth McLoughlin, ScD** has worked in injury prevention since 1973, beginning at the Shriners Burns Institute in Boston. In 1984, she earned a doctorate from Johns Hopkins University with a concentration in injury prevention. Her major concentrations have been in the prevention of youth violence

and domestic violence, burns prevention, motorcycle helmet laws, injury data systems and survivor advocacy. Regarding violence prevention, she coordinated the Academic Fellowship program of the California Wellness Foundation's Violence Prevention Initiative (1993-2003), assisted the health initiatives of the Family Violence Prevention Fund (1990-2000), served on two National Academy of Science's Committees (the assessment of family violence interventions, 1994-1996 and the future of injury & violence prevention, 1997-1999), and as chair of the CDC's Subcommittee on Family and Intimate Violence from 1994-1997.

## Multidisciplinary Panel



**Beverly Upton** is the Executive Director of San Francisco Domestic Violence Consortium, a 17-member consortium of domestic violence organizations committed to effective direct services and public policy. She is a strong advocate working in collaboration with shelters, legal service providers and public policy agencies regarding sound integrated policies that close gaps and provide the best possible outcomes for battered

women and their children. She serves on advisory committees for both the SafeStart and Justice & Courage initiatives in SF as well as the CalWORKs oversight committee. She also serves as co-chair of the Mayor's Family Violence Council and has worked on numerous pieces of local, state, and federal legislation. Her previous experience in the field includes several years as the Executive Director of W.O.M.A.N., Inc. providing a wide array of DV services in SF and beyond. With a background in business and design she joined the campaign for the human rights of garment workers in the 80's. Before finding her "calling" in the movement to end DV, Beverly worked with manufacturers in the US as well as India and Pakistan to formalize codes of conduct for garment producers. As a survivor of DV, she is honored to bring both her experience in the struggle for human rights and her commitment to end family violence in the movement for social change.

## Multidisciplinary Panel



**Delia Ginorio** is the Survivor Restoration Program Director for the SF Sheriff's Department (SPSD) and a nationally recognized expert in criminal justice reform and approaches. Ms. Ginorio is a key leader in the award-winning Resolve to Stop the Violence Project (RSVP). Since its inception in 1997, she has been

instrumental in bringing restorative justice into law enforcement which has helped shift the focus to offender accountability, survivor restoration, and community involvement to reduce recidivism, responsibly return ex-offenders to their communities, and prevent further violence. Ms. Ginorio serves as the President of the Board of Directors for the SFSD Five Keys Charter School. Five Keys is the first charter high school in the nation for adults who are incarcerated, bringing together a responsive curriculum that focuses on offender accountability; restoration; and academic, family, and employment skills that invest in the offender and survivor.

**Allison Day** is a queer-identified domestic violence advocate and professional. She is currently the manager of La Casa de las Madres' Shelter Program, a 35 bed emergency domestic violence shelter in San Francisco for women and children. Allison has a depth of experience in the domestic violence field, having managed shelters and transitional housing facilities in San Francisco and Southern California. Allison has also researched violence against women and LGBTQ representation in media through the UC Santa Cruz Center for Cultural Studies. Throughout her work, Allison has been an advocate for LGBTQ voices and equal access to services and support.

## Provider Training



**Amber Fitzsimmons, DPTS** is an assistant adjunct professor in the Department of Physical Therapy and Rehabilitation. Previously, Amber worked for over a decade in clinical practice with emphasis in acute rehab and geriatrics. During her time in the hospital setting, she became acutely

aware of conversations surrounding IPV and elder abuse. As a co-director of PT 735 (Psychosocial Aspects in Physical Therapy) Amber dedicates a full seminar day to assist PT students in recognizing and facilitating conversation around the topic of domestic violence.

**Nancy Kwon Hsieh, DDS, MS** was born and raised in Los Angeles. She fell in love with the Bay Area while attending UC Berkeley where she majored in psychology. She graduated with honors from the University of the Pacific. School of Dentistry here in San Francisco in 2002. Dr. Hsieh completed her pediatric training at UCSF where she was Chief Resident. During her residency, she continued her education and received a Master in Orofacial Science. Dr. Hsieh has won national and local awards for her research which involved educating dentists on recognizing the signs and symptoms of DV. She has also published her research in the Journal of the American Dental Association. Her passion is treating children and making it a fun and memorable experience. She also enjoys spending time with her husband and two daughters. She is a Diplomat in the American Board of Pediatric Dentistry and is an active member of the American Dental Association, American Academy of Pediatric Dentists, California Society of Pediatric Dentists, and SF Dental Society. She currently is an adjunct professor at the University of the Pacific.





## Provider Training



**Lisa Mihaly, RN, MSN, FNP** is a family nurse practitioner and Assistant Clinical Professor in the UCSF School of Nursing. Her clinical practice has focused on high-risk adolescents and young adults. Her areas of interest include risk reduction in high-risk adolescents and health education of young adults newly responsible for managing their own health needs. Prior to becoming a nurse practitioner, Mihaly worked for 15 years in the public policy arena on behalf of families at local, state

and federal levels—including work with the Children's Defense Fund and the Family Violence Prevention Fund. Her interest in family and IPV continues to include the policy-level issues and the needs of specific clients in the health care setting. She has conducted trainings on IPV for health care providers, child welfare staff, policy makers, and DV shelter staff. She received an undergraduate degree in European history from Harvard College and RN and MSN degrees from UCSF.

## Multidisciplinary Panel

**Lieutenant Trenia Wearing #1865** began her career with the San Francisco Police Department in 1995. After graduation from the Police Academy, she was assigned to Patrol and worked Mission, Potrero-Bayview and Park Stations and Airport Bureau. In 2003, she was promoted to the rank of Sergeant and was a Field Supervisor assigned to Bayview, then Taraval Stations and was selected from a qualified pool of candidates to oversee the SFPD Recruitment Unit from 2006 to 2010. In 2010, Trenia was then transferred to oversee the SFPD Housing Unit from 2010 to 2011. October 2011 she was promoted to rank of Lieutenant and assigned to Ingleside Station, where she served as Platoon Commander for Swing and Day watches until recently asked to transfer to Special Victims Unit, June 2013. The Special Victims Unit (SVU) is comprised of eleven disciplines – Domestic Violence, Stalking, Sex Crimes, Financial Crimes, Internet Crimes Against Children, Juvenile Crimes, Elder Abuse Crimes, Human Trafficking, Missing Persons, First Offender Prostitution Program (FOPP), and Psych Liaison Unit -- merged into one to become a super unit which investigates cases. Presently Lt. Trenia Wearing is one of two Lieutenants assigned to manage the Special Victims Unit for SFPD.

## Multidisciplinary Panel



**Minouche Kandel** is the Director of Women's Policy at the San Francisco Department on the Status of Women (DOSW), where she helps to coordinate San Francisco's response to domestic violence and human trafficking. Prior to working at DOSW, Minouche worked for fifteen years as a staff attorney in the San Francisco office of Bay Area Legal Aid, a legal services agency providing free legal assistance to low income persons in the Bay Area. Minouche represented domestic violence survivors in family law in the trial court and the court of appeal. Minouche has also assisted domestic violence survivors with immigration, public benefits, public housing, and other legal issues. She has been working in the area of domestic violence for over twenty years, and has particular expertise in family law, and the intersection of welfare and domestic violence. She has been involved in creating local and statewide protocols on the treatment of abuse survivors in the CalWORKs system, California's TANF program. She has done extensive community education and training on domestic violence for lawyers, probation officers, family court services staff, court staff; welfare workers; public health workers; and children's advocates.

Minouche is a Certified Family Law Specialist, and a member of the Family Law Executive Committee of the State Bar of California. She has been published in Clearinghouse Review, Ms., Discover, and the Yale Journal of Law and Feminism. Minouche is a recipient of the 2008 California Lawyer Attorney of the Year (Public Interest Law category), 2009 Legal Aid Association of California's Family Law Award for Direct Representation, the Daily Journal's 2009 Top 100 Lawyers in California, the 2012 San Francisco District Attorney's Women's History Month Honoree, and the 2012 Tanya Neiman Award from the San Francisco Domestic Violence Consortium. Minouche got her B.A. from Yale University and her J.D. from Harvard Law School.

## Provider Training



**Dr. Leigh Kimberg** is an Associate Clinical Professor of Medicine at UCSF and an attending physician in the San Francisco Department of Public Health (SFPDH). She coordinates intimate partner violence programs for SFPDH and is the SFPDH representative to the San Francisco Family Violence Council. Dr. Kimberg serves on the Advisory Board of the San Francisco SafeStart, a program that treats children and families who have a child 0-6 who has been exposed to violence. Dr. Kimberg founded and directs a program called, LEAP (Look to End Abuse Permanently). LEAP's mission is to develop intimate partner violence prevention, screening, and treatment programs in safety net healthcare settings. Dr. Kimberg attended Harvard Medical School and did her primary care/internal medicine residency at San Francisco General Hospital, UCSF. Currently, Dr. Kimberg practices primary care in an SFPDH clinic, Maxine Hall Health Center. She cares for uninsured and underinsured patients who suffer from high burdens of trauma.